

**LUNCH  
& SUP-  
PER  
COUNTER**

**BONELESS BITES**

6 – 6.00 / 12 – 11.00 / 18 – 16.00  
SEASONED COATED BONELESS CHICKEN, CELERY +  
CARROT STICKS + SOUR CREAM DIP

**WINGS**

6 – 6.00 / 12 – 11.00 / 18 – 15.00  
MARINATED IN YOUR CHOICE OF SAUCE,  
SERVED WITH CELERY, CARROT + BLUE CHEESE DIP.  
**SAUCES**  
ANCHO CHILLI / BUFFALO / BBQ / BANANA BBQ / SCOTCH BONNET

**BEEFY CHILLI NACHOS**

7.00 / 9.00  
BEEF CHILLI, TRICOLOURED CHILLIES, SOUR CREAM,  
CHEESY SAUCE, SMASHED AVOCADO + SALSA  
**NACHOS NON CARNE (V) 5.00 / 8.00**

**MEAT-UP  
BURGERS**

SERVED IN A BRIOCHE BUN WITH LETTUCE + MAYO

**THE USUAL 6.00**

CHOOSE BETWEEN BEEF PATTY OR GRILLED  
CHICKEN BREAST + MONTEREY JACK CHEESE

**KATSU 6.50**

CLUCKIN' SPICY FRIED CHICKEN  
+ KATSU CURRY SAUCE

**LOS POLLOS 7.00**

CLUCKIN' SPICY FRIED CHICKEN, AVOCADO,  
BACON + CHILLI RELISH

**BOSS YOUR  
BEAST 5.50**

START WITH A

BEEF PATTY, CHARGRILLED CHICKEN BREAST OR  
AUBERGINE + HARISSA PATTY (VE)

AND ADD ANY OF THE FOLLOWING  
TOPPINGS (ALL £1 EACH):

BEEF CHILLI / FLAT MUSHROOM / BACON /  
HALLOUMI / MONTEREY JACK  
TOBACCO ONIONS / TRICOLOURED CHILLIES /  
BLUE CHEESE / AVOCADO

**BIG COW 7.50**

BEEF PATTY, BEEF BRISKET,  
CHEESY SAUCE + TOBACCO ONIONS

**THE EX BOYFRIEND 6.50**

CHARGRILLED JERK CHICKEN BREAST,  
SCOTCH BONNET DIP + LIME MAYO

**CHEESY CHILLI BURGER 7.50**

BEEF PATTY, CHEESY SAUCE,  
TOBACCO ONIONS + BEEF CHILLI

**STABLE FRIENDS 8.00**

BEEF PATTY, BACON, SPICY FRIED CHICKEN,  
MONTEREY JACK + CHILLI RELISH

**THE SOFIA 6.50**

OUR VOLUPTUOUS ITALIAN BIRD -  
CHICKEN BREAST, MOZZARELLA, TOMATO,  
ROCKET, SPINACH + PESTO MAYO

**CHEWY LOUIE 7.50**

BEEF PATTY, CHORIZO  
+ CHARGRILLED HALLOUMI

ADD A BEEF PATTY OR EXTRA CHICKEN BREAST FOR £2

**GOT NO BEEF**

**CRAB FAB**

8.50

SERVED IN A SOFT BRIOCHE BUN  
FRIED SOFT SHELL CRAB, LOBSTER, AVOCADO + APPLE SALAD

**VEGGIE BURGERS**

SERVED IN A VEGAN ANCIENT GRAIN BUN WITH LETTUCE

**NEW AGE HIPPY (VE) 6.00**

AUBERGINE + HARISSA PATTY + SMOKED TOMATO HOUMOUS

**SHROOMALOOMI (V) 6.50**

ROASTED FLAT MUSHROOMS + GRILLED HALLOUMI

**SUPER SALAD**

**GRILLED GOATS CHEESE, ROAST BEETROOT  
+ PUY LENTILS (V) 7.50**

WHISKEY ROAST BEETROOTS,  
DRESSED SPINACH, WATERCRESS + WALNUTS

**AVOCADO + PAPAYA CUP (VE) 8.50**

RED PEPPER, CORIANDER, RED ONION + LEMON DRESSING

**TROPICAL SALAD (VE) 7.50**

BABY SPINACH, PINEAPPLE, ORANGE, CRANBERRIES, TRICOLOURED CHILLIES,  
TURTLE BEANS, BLACK-EYED PEAS + CITRUS DRESSING

**JERK CHICKEN SALAD 9.50**

ADD A WARM SPICY BREAST TO THE TROPICAL SALAD

**MOZZARELLA, SUNBLAZED TOMATOES  
+ PESTO SALAD (V) 7.50**

GRILLED COURGETTE, RED PEPPERS, DRESSED ROCKET + SPINACH

**CHICKEN STOP**

**BIRD**

HALF 7.00 / BIG BIRD 11.00

ROAST CHICKEN BASTED WITH CHICKEN GRAVY,  
SERVED WITH YOUR CHOICE OF DIPPING SAUCE

**FRIED CHICKEN**

6.00

JUICED UP FROM AN OVERNIGHT MILK SOAKING  
+ FRIED TO PERFECTION IN YOUR CHOICE OF  
SEASONING, DIPPING SAUCE + COLESLAW

**JERK**

HALF 7.50 / BIG JERK 11.50

ROAST CHICKEN, MARINATED IN JERK SPICE,  
SCOTCH BONNET DIP + GRAVY.

**SEASONINGS**

SOUTHERN-FRIED / SALT 'N' PEPPER  
CLUCKING SPICY

**DIPPING SAUCES**

ANCHO CHILLI / BUFFALO / BBQ  
BANANA BBQ / SCOTCH BONNET

**WILD SIDES**

ALL SERVED AS INDIVIDUAL OR TO SHARE

**CLASSIC FRIES 2.90 / 5.00**

**BEEFY CHILLI FRIES 4.00**

BEEF CHILLI, CHEESE + TRICOLOUR CHILLIS

**TRIPLE COOKED CHIPS 3.50 / 5.00**

**MUG O' MAC 'N' CHEESE**

GOOEY CHEESE + HERB CRUST,

**SWEET POTATO FRIES 3.50 / 5.00**

**CLASSIC 4.50 / LOBSTER MAC 5.50**

**TART UP YOUR CHIPS 0.50**

CHEESY SAUCE / KATSU SAUCE  
CHEESE 'N' GRAVY

**DIRTY SANCHEZ 4.50 / 7.50**

HASH BROWNS, CORN TORTILLAS, CHEESY SAUCE,  
HOT SAUCE + TRICOLOURED CHILLIES

**TOBACCO ONIONS 2.00 / 3.00**

CRISPY SPICED ONIONS

**TROPICAL SALAD (VE) 4.00**

**AVOCADO + PAPAYA CUP (VE) 4.00**